

Steven J. Oshins, D.D.S., P.C.
3905 Carman Road
Schenectady NY 12303
(518)356-5635

Patient Instructions Following PreviDent Varnish Treatment

After applying Colgate PreviDent Varnish, as you rub your tongue on the outside surface of your teeth, you should feel a coating of the varnish. You should also be able to see a thin coating of the varnish on the surface of your teeth.

The treatment period for PreviDent Varnish is approximately 4 to 6 hours. Immediately after the treatment, to achieve the maximum benefit, please follow the directions below.

- Do not brush or floss your teeth for at least 6 hours after the treatment
- Eat only soft food for at least 3 hours after the treatment
- Do not consume hot drinks or alcohol (mouth rinses) for at least 6 hours after treatment
- Wait until the next day to resume normal oral hygiene

Should you wish to remove any excess PreviDent the next day, vigorously brush and floss your teeth. Your teeth will look and feel the same as they did before the treatment.

If you have any questions or concerns, please call our office at any time