




BE AWARE IN OCTOBER

October is known for fun fall festivities, apple and pumpkin picking, carving Jack o lanterns, and picking out a scary Halloween costume. It is also the month to Be Aware! October IS the Month of Awareness! Awareness for many things, such as the awareness of: Dental Hygiene, Chiropractic Health, Domestic Violence, Breast Cancer, Halloween Safety, Health Literacy, and Liver Awareness to name a few. As you may or may not have known these to have October be their dedicated month to make you more aware, You Do Now! There are dedicated months for various things so we can be focused and more alert of what is going on around us. These awareness's can already be a part of our own lives, affecting you, or someone you know and love. Speaking and hearing about any of these things can be spooky and scary, and may not be easy to do so, but we have to open our eyes and minds to what is out there, and how it may be affecting us.

All it takes is a reminder to STOP and take a moment to focus on YOU, or your loved ones. Let October be that time. Stop and think about the answers to these questions:

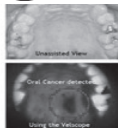
-  When was the last time you went to your primary care doctor for a physical?
-  When was the last time you saw your dentist for an exam, x-rays and a cleaning?
-  Have you been checked for oral cancer with your dentist with an oral cancer screening?

NOW IS THE TIME

Let October be the month that you remember to be aware of yourself and pass the word around to other people in your life so that they are informed as well. For the month of October, Dr. Oshins will be doing a complimentary oral cancer screening for New Patients joining our practice. Dr. Oshins will use a VELscope[®]. A VELscope[®] is a non-invasive oral cancer screening device, and it is 100% painless. It is a wireless, handheld scope that uses a fluorescent light to detect structural changes in the soft tissues of the mouth. The fluorescence enhances the way clinicians visualize oral mucosal abnormalities that might not be apparent or even visible to the naked eye. The VELscope[®] oral cancer screening literally takes only two or three minutes. It saves many lives every single year. Let Dr. Oshins put your mind at ease to let you know that all is well, or that he was able to detect the early signs of something that can be treated, so that you can live a long and healthy life. Just remember to Be Aware!!!

With Oshins of Smiles, Dr. Steven Oshins

This Coupon is good for the month of October, for a Complimentary Oral Cancer Screening. Please call the Office today to set up your appointment with Dr. Oshins!!



OSHINS OF SMILES

FAMILY, AESTHETIC DENTISTRY AND DENTAL SLEEP MEDICINE

- Do you or a loved one snore?
- Do you wake up feeling unrefreshed?
- Do you feel sleepy during the day?
- Do you dislike wearing your CPAP?

*We have a solution for you called
oral appliance therapy.*

*Call us today so we can make you
feel good and perform at your best!!*

DR. STEVEN OSHINS

3905 Carman Road, Guilderland
(518) 356-5635